



Canadian
Association of
Montessori
Teachers

Presents

KASSERIAN INGERA *



Among the tribes of Africa, few have warriors more fearsome and cunning than the Masai of Kenya and Tanzania. It is perhaps surprising then, to learn the Masai traditional greeting. One warrior would say to another; "**Kasserian Ingera**" which in Swahili means, "Are the children well?" or "**How are the children?**". It is still the traditional greeting among the Masai, acknowledging their high value for the well-being of children. Even modern Masai, with no children of their own, give the traditional answer, "Sapati Ingera", which means "all the children are well". This greeting, indicates that peace and safety prevail and that the Masai priority of protecting the young and powerless are in place. It confirms that life is good and indicates that society's responsibilities and reason for being have not been forgotten. Surely, now is the time for our own Montessori community to ponder the wisdom of the Masai by examining "How are our children?"

CAMT 2013 Annual Conference

Friday, November 1, 2013

The Old Mill, 21 Old Mill Road, Toronto

www.camt100.ca

SCHEDULE

8:00 – 8:45 am	Registration and Coffee
8:55 – 9:00 am	Opening Remarks
9:00 – 10:00 am	Keynote Presentation - Paula Polk Lillard
10:00 – 10:20 am	CAMT Annual General Meeting
10:30 am – 12:00 pm	Workshops A-F
12:00 – 1:30 pm	Luncheon
1:30 – 2:20 pm	Roundtable Discussions
2:30 – 4:00 pm	Workshops G-L
4:00 – 5:00 pm	Displays/Tea

NOTE: Displays will be open from 11:30 am to 5:00 pm

Did you know that the member registration fee for the CAMT Conference has been \$170 for over 5 years?

Despite rising costs, CAMT is committed to providing members with the best conference experience at a reasonable price.

(NOTE: This statement excludes the 2012 joint CAMT/CCMA 2 Day Conference)

Keynote Speaker

Montessori: A Modern Approach

Paula Polk Lillard, Forest Bluff School - Lake Bluff, Illinois USA

Paula is an internationally respected authority on Montessori theory and practice, and the author of four books, most notably the groundbreaking work, "Montessori: A Modern Approach", a classic introduction to Montessori written in 1972 and still regarded as one of the clearest descriptions of the Montessori method available to this day. In this inspiring talk, she will reflect on how Montessori's unique emphasis on the human spirit within each child makes possible the realization of human destiny..

About Paula Polk Lillard...

Paula Polk Lillard is an internationally respected authority on Montessori theory and practice, the author of 4 books and countless articles. She cofounded Forest Bluff School in 1982, serving as Primary teacher and as Head of School. Her wisdom and experience continue to guide our parents and staff.

Paula taught for 8 years in traditional public and private schools before discovering Montessori (as chronicled in her 1972 book, MONTESSORI A MODERN APPROACH.) Fifty years of experience has since deepened her conviction that the Montessori approach solves the basic dilemma of guaranteeing a superior, well-rounded intellectual education to children and young adults while, at the same time, granting to students the freedom to follow their individual interests and passions.

Key to the success of any Montessori school is its involvement of the parents in understanding an educational approach that they did not experience themselves. Paula devotes the major portion of her time today to guiding and supporting parents in this journey. She does so both nationally, internationally and locally at Forest Bluff through her writing, lectures and parent meetings.

Paula, a graduate of Smith College, is a certified AMI Montessori Primary director and has served on the Board's of Directors of both the American Montessori Society and the Association Montessori Internationale (AMI) USA. She lives in Lake Forest and has been married to John S. Lillard for nearly sixty years. They have five daughters and sons-in-law and nine grandchildren. Their first great grandson joined the Young Children's Community at Forest Bluff in 2012.



MORNING Workshops (10:30 am – 12:00 pm)

A - Montessori from the Start

Lynn Lillard Jessen - Forest Bluff School, Lake Bluff, Illinois USA

Lynn Jessen will speak on the subject of the book she co-authored with Paula Lillard "Montessori from the Start," a guide for helping the young child at home from birth on. Lynn will explore the development of concentration and independence during the earliest stages of a child's life and how those qualities are the necessary foundation for later character traits such as confidence, persistence, and authentic trust in oneself. She will show slides and videos of a child from birth to age two in his Montessori home environment, and slides of the Young Children's Community at Forest Bluff School. Attitudes that very young children form about themselves starting at birth, have a profound impact on their eventual relationship with the world.

About Lynn Lillard Jessen...

Lynn Lillard Jessen co-founded Forest Bluff School and was its first teacher, leading the original Primary class of fifteen 3&4 year olds in 1982. Two years later, she again established a first classroom, the Young Children's Community for the youngest children, ages 18 months to 3 years. Lynn is co-author with Paula Polk Lillard of MONTESSORI FROM THE START, a guide for helping the young child at home from birth on.

Throughout the school's existence Lynn has served as a leader, supporter and advisor in whatever capacity was most needed by the Forest Bluff team, whether teaching in classrooms, carrying out office duties or helping with parent activities. Currently, she is a Director of the Parent Child Series, teaching the practical sessions and conducting home visits with incoming families to consult on how they can best meet their young children's needs at home. In addition, she serves as Director of Admissions, and oversees all areas of publicity and community relations for Forest Bluff.

B - "I Feel the Earth Move" - Geography (Adolescent)

Barton Graff – Toronto Ontario

Dig deeper into the mechanics, forces, and movement of the Earth's crust. There is more to tectonics than sliding plates. Subduction zones, collisions zones, folding, plutons, slab pull and much more. This is geared to the adolescent student but can easily be adjusted to accommodate upper elementary. Join us for a look into the foundation of our planet.

About Barton Graff...

After over 10 years of teaching in the Montessori elementary classroom and a lifetime of related teaching experiences in various fields, Barton has now turned his attention to the study of environmental sciences. Barton is eager to share his knowledge and answer the questions that children ask when you present the geography materials that represent the theory of Tectonic Plate Movement. Delve deeper and know more.

C - Weather (ALL)

Dr Tanzina Mohsin – University of Toronto, Toronto, Ontario

Dr. Mohsin will give you a far greater understanding of the hows and whys of meteorology than you ever had before. After attending this workshop, you will be able to answer the inevitable questions your students will ask about weather and the Earth's atmosphere with confidence. Tanzina knows and shows you the reasons for the seasons. She will increase your understanding of such topical subjects as Urban Heat Islands and Abrupt Climate Change while explaining what can be done about them.

About Professor Tanzina...

Tanzina Mohsin, Ph.D. (Toronto) - Dr. Mohsin is a climatologist specialized in urban climatology whose doctoral thesis examined the evolving climate of the Greater Toronto Area in the context of the urban heat island effect. She is one of the lead scientists authoring a study of climate change in the Greater Toronto Area. Dr. Mohsin has been teaching climatology courses in the Department of Physical and Environmental Sciences, University of Toronto at Scarborough for the past five years.

D - Mental Health (ALL)

Dr. Stuart Shanker– York University, Toronto, Ontario

What Adults Can Do to Enhance the Development of the Neural Systems Subserving Self-Regulation

Recent advances in developmental neuroscience are dramatically altering our understanding of what adults can do to enhance the development of children's brains. In particular, we now recognize that the better a child can self-regulate the better he or she can master complex skills and concepts. Dr Shanker will talk about the factors that impede and the experiences that promote the wiring of the neural systems subserving self-regulation and self-awareness.

About Dr. Stuart Shanker ...

Stuart Shanker is Distinguished Research Professor of Philosophy and Psychology at York University and Director of the MEHRI Self-Regulation Centre. He was educated at the University of Toronto, where he won several awards, including a scholarship to study at Oxford, where he obtained a First in PPE and won the Marian Buck Fellowship at Christ Church, where he obtained a First in a B Phil in Philosophy and a D Phil with Distinction in Philosophy.

Among his awards are a Canada Council Doctoral Fellowship and Postdoctoral Fellowship; a Calgary Institute for the Humanities Fellowship; a University of Alberta Mactaggart Fellowship; an Iszaak Walton Killam Fellowship; and the Walter L Gordon Fellowship at York University. He has received many grants, among them a \$7,000,000 grant to establish MEHRI, a state-of-the-art cognitive and social neuroscience centre created to study the efficacy of MEHRIT, a relational intervention for young children with autism, based on the DIR model.

E - The Connected Classroom (Casa)

Jennifer Kolari – Connected Parenting, Toronto Ontario

Developmental experiences have a profound impact on how a mature brain functions. The more pleasant experiences a brain has, the more the brain specializes for positivity. In fact, scientists now know that strong bonding between people of any age can increase Oxytocin levels in the brain, which has been proven to increase trust, deescalate heated situations and decrease anxiety. In your professional life, you want to do everything possible to give your students the tools for a successful school experience. But what if a few small adjustments in how you interact with your students could actually impact their brain function?

Kolari has developed a technique called CALM which takes into account a therapy technique called 'mirroring', and guides teachers and administrators to empathic relating through a four step process:

- Connect emotionally
- Match the Affect of the child
- Listen to what he or she is really saying
- Mirror or reflect the emotion back to show true understanding

Using warmth and humour, as well as real-life examples, Kolari will demonstrate the CALM technique in practice. More than just actively listening, The CALM technique will allow you to stimulate the reward receptors in the brain, bypassing the language centre, and engaging directly with the part of the brain that moderates behaviour. Research tells us that one of the biggest predictors of a child's success, is whether they feel that their teacher likes them or not. Kolari will teach the audience how to ensure that each and every individual that you interact with feels heard and understood.

About Jennifer Kolari...

Child and Family Therapist Jennifer Kolari is one of the nation's leading parenting experts and the founder of Connected Parenting. Author of Connected Parenting: How To Raise A Great kid (Penguin Group USA and Penguin Canada, 2009) and You're Ruining My Life! (But Not Really) Surviving the Teenage Years with Connected Parenting (Penguin Canada, 2011), Kolari is the Parenting expert on CBC's Steven and Chris show, and has appeared frequently on Canada AM and Breakfast Television.

Her advice can be found in many Canadian and U.S. magazines, such as Today's Parent, Redbook, Parent Magazine and Canadian Family. She is also on the health advisory board for Chatelaine Magazine. Her entertaining workshops and insightful strategies, shared with warmth and humour, make her a highly sought-after speaker with schools, corporations and agencies throughout North America. Kolari has been helping children, teens and families get connected for over twenty years.

F - Yoga (ALL)

Antoniette Finelli– Yoga Rocks, Oakville Ontario

This workshop will incorporate movement, kid friendly yoga poses, reflection, co-operation, and stillness into the yoga session. Many poses or activities taught can be done in a regular classroom space. Teachers will be able to incorporate these simple movements and sequences into a regular school day or a physical education class. Brain Gym, Mindfulness, and simple cooperative games will be introduced and explored. We will be going through simple yoga poses, routines and Circle time activities. Yoga is a great way to encourage learning readiness. Mindfulness and breathing exercises are tools that can be used throughout the school day. Encouraging cooperation in the classroom, playground and gymnasium. No yoga experience in needed. Mats will be provided.

About Antoniette Finelli...

This training is facilitated by Antoniette Finelli; founder of Yoga Rocks. She integrates 20 years of experience of Montessori teaching, Yoga Ed instruction & workshop facilitation to bring her innovative style to this empowering teacher training. As a certified Phys. Ed teacher and Brain Gym facilitator, Antoniette has pioneered kids yoga in classrooms and physical education curriculum's throughout Canada and the United States.

TOP 5 REASONS TO ATTEND THE CAMT 2013 Conference

1. REFLECT AND RECHARGE

Uncover ways to refresh, reenergize, and reinvigorate your teaching.

2. BUILD A PERSONALIZED LEARNING AGENDA

With 12 workshop selections and 6 discussion selections, there are many opportunities to learn skills and activities that you can take back to your school.

3. DISCOVER NEW TEACHING AND LEARNING RESOURCES

Visit over 30 exhibits, displaying the latest in Montessori products and services.

4. CONNECT WITH COLLEAGUES

Connect with over 200 Montessori teachers to share successes, challenges, strategies, and questions with others who are equally committed to teaching and learning excellence.

5. THE PRICE IS RIGHT

Enjoy a top keynote presentation, diverse workshop programming, and excellent meals—for less than you would expect.

**** ADDED BONUS!**

The first 200 Conference Registrants will receive a complimentary copy of “The 1913 Rome Lectures, Maria Montessori's first international Training Course”.

AFTERNOON Workshops (2:30 – 4:00 pm)

G - 6+1 Trait Writing (Elementary)

Kim Mead – Missoula Valley Montessori, Missoula Montana USA

The Six Traits of Writing model is a tool which provides students and their guides a common language to use to when discussing qualities of writing. Through specific language, student sample papers and small group discussions, children are given concrete tools which help them notice attributes of effective writing. The format offers children a supportive and non-threatening avenue to explore what makes good writing so powerful.

This presentation will explain the 6 (+1) Traits specifically. Kim will share writing samples to use in your classroom; literature she uses to support each trait; examples of ways to effectively set up your classroom to support the children, and explain how this model works in a Montessori environment. .

About Kim Mead...

Kim discovered the Montessori Method when she enrolled her two boys at the Woodland Montessori School in Kalispell, Montana in 1994. As a public school teacher she was astonished by what her children were learning and how they were blossoming in their new setting. She acquired a 3-6 Montessori endorsement from the Montana Montessori Teacher Education Institute in 1998 and a 6-9 certificate the following year. She was instrumental in spearheading the implementation of the second Montessori public school in the state of Montana. Since moving to Missoula in 2004, Kim has opened two private Montessori schools. She is currently co-owner and director of Missoula Valley Montessori which has a toddler program as well as three 3-6 classrooms. Kim enjoys teaching adults as well as children. She has presented at AMS International Montessori Conferences; she was a language instructor at the Montana Montessori Teacher Education Institute; and a trainer of public school teachers in the Six Traits of Writing. Her favorite work, however, is being the mother of those two fabulous boys who introduced her to Montessori oh so many years ago.

When Kim's boys entered Woodland Montessori in Kalispell as preschoolers she became absorbed in this fascinating Montessori model – eventually implementing it into her public school program. Helena Flats Montessori was the second public school Montessori program implemented in the state of Montana.

H - Bullying (Adolescent)

Jennifer Kolari – Connected Parenting, Toronto Ontario

In this workshop teachers will be armed with strategies that will enable them to understand, identify and prevent bullying and victimization. Teachers will be able to learn firsthand, the power of empathy. Teachers will learn specific strategies to ensure that they are really listening when talking to children, resisting the urge to minimize or talk children out of their feelings regardless of how hard it can be for them to tolerate their pain. This kind of listening will help to build children's resilience, improve social skills and increase self-confidence.

Teachers will also be empowered to:

- Model tolerance and compassion in the classroom
- Role play “stand up for yourself” statements. Help them learn to respond - not react - to the bully.
- Foster a culture of empathy in the classroom
- Use Connected Classroom techniques to foster social health among students

About Jennifer Kolari...

Child and Family Therapist Jennifer Kolari is one of the nation's leading parenting experts and the founder of Connected Parenting. Author of Connected Parenting: How To Raise A Great kid (Penguin Group USA and Penguin Canada, 2009) and You're Ruining My Life! (But Not Really) Surviving the Teenage Years with Connected Parenting (Penguin Canada, 2011), Kolari is the Parenting expert on CBC's Steven and Chris show, and has appeared frequently on Canada AM and Breakfast Television. Her advice can be found in many Canadian and U.S. magazines, such as Today's Parent, Redbook, Parent Magazine and Canadian Family. She is also on the health advisory board for Chatelaine Magazine. Her entertaining workshops and insightful strategies, shared with warmth and humour, make her a highly sought-after speaker with schools, corporations and agencies throughout North America. Kolari has been helping children, teens and families get connected for over twenty years.

I - Partnering with Parents (Casa)

Mary Flewelling-Pinchen – Waterloo Ontario

Most children who settle into casa classrooms are transformed by their Montessori experience. Unfortunately, the same thing cannot always be said about the parents of Montessori students. In order to serve the children in our care effectively, we must actively reach out to their parents, address their needs and concerns and educate them about the real value of Montessori education. This workshop will delve into the sensitive, sometimes challenging, and always worthwhile task of partnering with the parents of our students.

About Mary Flewelling-Pinchen...

Mary Flewelling-Pinchen, casa directress, consultant and author of "Directing the Montessori Children's House", has been working in casa classrooms for the past 34 years. In addition to teaching, consulting and writing, Mary offers teacher workshops, parent education seminars and organizes professional development programmes for the Canadian Association of Montessori Teachers (CAMT).

J – The Sound of Silence: A Workshop in Mindful Listening (ALL)

Ronit Jinich – Montessori Without Borders, Toronto Ontario; Lucas Tensen - Musician

How well we listen has a major impact on building healthy communications and relationships. By bringing awareness to the way we listen, we can familiarize ourselves with our listening patterns, begin to recognize judgments as they arise and slowly train our ability to stay open to multiple perspectives.

Through a series of simple experiential dynamics, music games, lecture and group discussion, this 1.5hr workshop promises to awaken participants' curiosity towards listening practices via sound, and its application into every day life, both at home and in school settings. Participants will leave this workshop with a renewed sense of hearing, experienced based-understanding of mindfulness, and practical tools to bring mindful listening into their classrooms in a fun and engaging way.

About Ronit Jinich...

Born in México, Ronit enjoys a diverse academic background in literature, performing arts and Gestalt Therapy as well as extensive training in Mindfulness Practices. Ronit has devoted the last decade of efforts to bringing mindfulness-based practices to educational settings. From 2004-2012, Ronit worked as the Mindfulness and Arts program coordinator for the Montessori Jewish Day School and continues to serve as an advisor. She is faculty member of The Centre for Mindfulness Studies leading Mindfulness Based Stress Reduction groups for their Social Program.

Ronit currently holds the Advisor for Educational Programs position at Mindfulness Without Borders, a non-for profit organization bringing mindfulness and social emotional competencies to youth and the adults that surround them. Her teaching focuses on generating community by bringing together social emotional competencies, creativity, concentration practices as well as breath and body-mind awareness. She is fluent in Spanish, English and Hebrew.

About Lucas Tensen...

A versatile cellist, vocalist, pots & pans virtuoso, songwriter, and illustrator, Lucas Tensen facilitates meditative gatherings and performances where people experience the art of 'deep listening' and 'improvisational music-making' as a way to explore their creative potential and share heart-based wisdom.

In 2014, Lucas will be publishing a children's songbook and double-disc cd called 'Songs of Loving Kindness', featuring 15 songs and illustrations inspired by popular folk and classical melodies. This unique book also serves as an alternative heart-based methodology for violin, viola, and cello. Lucas teaches cello at the Toronto School for Strings, performs in a monthly series with flautist Jamie Thompson in the Junction Trio, and is a Musical Advisor for Mindfulness Without Borders. www.songsoflovingskindness.com www.lucastensen.com

K - Masai Tribal Music (ALL)

Maureen Harris – Montessori Mozarts, Windsor Ontario

21st Century Students require a learning environment that honours who they are and where they have come from. Alternative education models, such as the Montessori method create an environment that honours the culture, language and world view of the community.

Maureen Harris explores the emergence of a Montessori early learning program in the most remote Maasai community in Tanzania. Come hear her research experiences with native Maasai music, as she reflects on the creativity, passion, persistence, patience, and flexibility that gave rise to this transformational work.

About Maureen Harris...

Maureen M. Harris, an educator, lecturer and music professional has dedicated 20 years to the education of the young child, earned a M.Ed. and B.Mus in Canada, ARCT from RCM Ireland, and studied early childhood music with Dr. E. Gordon, Michigan State University, U.S.A. Harris was awarded the Canadian 2009 'Prime Ministers Award for Excellence in Early Childhood Education', and is the recipient of the 2009 'Canadian Music Teacher of the Year Award' presented by the Canadian Federation of Music Teachers Association. Although her work has included music education for all ages, much of her recent research has been in Montessori early childhood music. Ms. Harris, the creator of the early childhood music education programs 'Montessori Mozarts' and 'Mozart and the Young Mind' continues to share her musical knowledge with fellow educators throughout the world. Considered an international authority on early childhood music her articles appear frequently in professional journals and popular magazines. Publications include: 'Listen to their Voices' a journal for early childhood educators published through Queens University, Canada, 'Montessori Mozarts' – an instructional book for Montessori educators and parents. Her latest new release at the 2009 World forum foundation conference in Ireland 'Music and the Young Mind – enhancing brain development and engaging learning' a comprehensive early childhood music education book for music graduates and ECE graduates was published by MENC. Maureen is committed to leadership in education, and making a difference one child at a time.

L - Yoga (Casa)

Antoniette Finelli– Yoga Rocks, Oakville, Ontario

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NOTES

- **SPACE IS LIMITED – Register Early to Avoid Disappointment**
- No refunds will be issued.
- A service charge of \$20 will be levied on all cheques returned NSF.
- Program subject to change.
- All workshops have limited space. Register early to ensure you are accepted into the workshops of your choice!
- **Confirmations will be sent via email ONLY** – if you do not receive a confirmation 1 week prior to the conference, please contact us via email at info@camt100.ca to confirm your attendance.

CAMT 2013 Annual Conference

Register online to pay with Visa/Mastercard at www.camt100.ca or send the completed registration form to: CAMT 312 Oakwood Court, Newmarket, ON L3Y 3C8

1. Conference Delegate Information *(PLEASE print neatly)*

Name: _____

School: _____

Address: _____

City/Postal Code: _____ Tel: _____

E-mail address: _____

2. Registration Fee (Please check one)

Registration Fee includes admission to the keynote presentation, luncheon, workshops, and access to the displays.

- | | | |
|--------------------------|--|----------|
| <input type="checkbox"/> | CAMT Member | \$170.00 |
| <input type="checkbox"/> | Non-Member | \$250.00 |
| <input type="checkbox"/> | Student (proof of student status required) | \$50.00 |

3. Privacy Policy Opt Out

In accordance with Canada's Personal Information Protection and Electronic Documents Act (PIPEDA), this is notification that CAMT will be sharing your contact information with conference sponsors, exhibitors and delegates.

- Check here if you do not wish to **have** your contact information shared.

4. Workshop Selection *Please indicate first and second choice for each*

MORNING WORKSHOP (10:30 am – 12:00 pm)

Choice #

- ___ A Montessori From the Start (Toddler)
- ___ B Geography (Adolescent)
- ___ C Weather (Elementary)
- ___ D Mental Health (ALL)
- ___ E The Connected Classroom (Casa)
- ___ F Yoga (ALL)

AFTERNOON WORKSHOP (2:30 – 4:00 pm)

Choice #

- ___ G 6+1 Trait Writing (Elementary)
- ___ H Bullying (Adolescent)
- ___ I Partnering with Parents (Casa)
- ___ J The Sound of Silence (ALL)
- ___ K Masai Tribal Music (ALL)
- ___ L Yoga (Casa)

ROUNDTABLE DISCUSSIONS (1:30 – 2:20 pm)

Choice #

- ___ 1 Strategies for Classroom Behaviour
- ___ 2 Keeping the Curriculum Alive – language, culture, practical life (Toddler)
- ___ 3 Keeping the Curriculum Alive – language, culture, practical life (Casa)
- ___ 4 Keeping the Curriculum Alive – language, culture, practical life (Elementary)
- ___ 5 Fostering Communications between Teachers and Administration
- ___ 6 The Creative Side of Montessori (art, music, movement)

5. Cheque – Please make cheque payable to CAMT & send to: 312 Oakwood Crt, Newmarket, ON L3Y 3C8

6. Credit Card – Fax to: 1-866-328-7974 (Note Fax is Secure) ___ Visa ___ Mastercard

Credit Card Number: _____ Exp Date: _____

Name of Credit Card Holder: _____